



# A DAY IN THE LIFE COMIC STRIP!

Name: \_\_\_\_\_  
Age: \_\_\_\_\_

Hey, this is me!

My experience  
of healthcare is...

My favourite  
part of  
healthcare  
is...

My least  
favourite part of  
healthcare is...

I want to tell other  
children and young  
people to expect  
this in healthcare...

Play in healthcare  
helps me because...



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Name:

Age:

**Hey, this is me!**

*Tell us about yourself. For example, what is your age? What do you do for fun? What is your favourite food?*

*Do you go to a hospital, a dentist, a GP, an outpatient clinic or a different healthcare setting? Why do you go there? What happens when you are there? (e.g. what type of treatment or procedure?)*

**My experience of healthcare is...**

*We know that different healthcare visits can bring up different emotions. You might feel happy, relaxed or you might be having fun. All of these emotions and other emotions are normal to feel.*

**My favourite part of healthcare is...**

**My least favourite part of healthcare is...**

*We know that different healthcare visits can bring up different emotions. You might feel anxious, afraid, bored or you might be in pain. All of these emotions and other emotions are normal to feel.*

**I want to tell other children and young people to expect this in healthcare...**

**Play in healthcare helps me because...**



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**I want to tell other children and young people to expect this in healthcare...**

**Play in healthcare helps me because...**