

STARLIGHT'S STRETCHY SLIME



YOU WILL NEED:

- Clear PVA glue
- 1 ½ tablespoons of saline solution or slime activator
- Food colouring (optional)
- Glitter glue (optional)
- A bowl and spoon for mixing

METHOD:

- 1. PREPARE THE INGREDIENTS:** In a bowl, pour in the clear PVA glue. If you want your slime to be colourful, add a few drops of food colouring and mix until the colour is well distributed. You can also add glitter glue!
- 2. ADD SALINE SOLUTION OR SLIME ACTIVATOR:** Stir in 1 ½ tablespoons saline solution or slime activator. Mix with a spoon until you can no longer stir.
- 3. KNEAD THE SLIME:** Once the slime has formed, take it out of the bowl and knead it with your hands.
- 4. PLAY WITH YOUR SLIME:** Your slime is now ready to play with! Stretch, squish, and poke it to enjoy its fun, gooey texture. You can store your slime in an airtight container to keep it fresh for longer.

FUN IDEAS TO EXPLORE SLIME:

FOR SLIME WITH MORE STRETCH: Add a bit more slime activator to make the slime stretchier. Experiment with the amount until you get your preferred texture.

FOR DIFFERENT TEXTURES: You can add foam beads, small sequins, or even small soft balls to your slime for a textured sensory experience.

KEEP IT CLEAN: Always wash your hands after playing with slime, as it can be a little sticky!

SAFETY FIRST:

All activities should be supervised by an adult. Be sure to check materials for wear, breakage, or choking hazards, especially with younger children. Always follow age-appropriate guidance and clean up after play.



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STARLIGHT

TRANSFORMING CHILDREN'S HEALTH THROUGH PLAY

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